



Building A New Direction  
A safe place to explore and grow



## FixIT@BAND MENTORING & TECHNICAL SUPPORT VOLUNTEER

**Vision:** All people within the Borough of Bolton who live with a mental health condition will lead a fully inclusive and meaningful life as defined by themselves.

**Mission:** To support the people within the Borough of Bolton who live with mental health conditions to reach their full potential as defined by themselves, through:

- The promotion of choice and independence
- The provision of support for the individual
- The facilitation of education, recreational, social and enterprise opportunities
- Contributing to the development of services across the mental health economy

<b>Role Title:</b>	FixIT@BAND Mentoring & Technical Support Volunteer
<b>Where:</b>	In the FixIT@BAND workshop
<b>When:</b>	Weekly for minimum of two and a half hours
<b>Commitment:</b>	To attend weekly
<b>Why We Want You:</b>	We are looking for people to be part of BAND, a proactive and caring charity offering support to individuals who live with mental health conditions. We are looking for committed volunteers with the ability to work in an empathic way to support beneficiaries to learn how to repair & refurbish computer equipment as part of their personal recovery action plan in FixIT@BAND workshop.
<b>What's In It For You:</b>	<ul style="list-style-type: none"><li>• Full support and training</li><li>• Work experience</li><li>• Opportunity to develop new skills and interests</li><li>• A chance to meet new people and feel part of a group</li><li>• An opportunity to contribute to and be part of our FixIT@ BAND volunteer team and the BAND organisation</li></ul>

	<ul style="list-style-type: none"> <li>• An opportunity to increase your knowledge and awareness of mental health conditions, and the impact they have on daily living</li> <li>• Food and travel expenses</li> </ul> <p>We encourage volunteers to stay for a minimum period of six months (or for the duration of the service) to make full use of the training and support offered. Volunteers will benefit from the experience of working with people affected by mental health conditions. This could enhance their own skills, providing opportunities in relation to future career development or for their own personal development.</p>
<p><b>The skills and experience you need:</b></p>	<ul style="list-style-type: none"> <li>• Knowledge of mental health services in Bolton an advantage</li> <li>• Knowledge of repairing &amp; refurbishing computers /laptops</li> <li>• Understanding of the impact of mental health conditions on daily living</li> <li>• Understanding of issues around confidentiality</li> <li>• Empathic approach</li> <li>• Good listening and communication skills</li> <li>• Ability to work within structured boundaries</li> <li>• Commitment to the work and ongoing personal development</li> <li>• Ability to work as part of a team</li> <li>• Ability to work on own initiative</li> </ul> <p><b>BAND welcomes applications from people with personal experience of mental health conditions.</b></p>
<p><b>Notes:</b></p>	<p><b>Volunteers</b> play an important role in this area of work. Volunteers will receive a full induction to the service, ongoing support throughout their volunteering by a member of BAND staff. Training relevant to the role will also be available. Reasonable travel, food and beverages expenses will be paid in accordance with BAND's expenses policy.</p>
<p><b>For more information, contact:</b></p>	<p> sue@band.org.uk</p> <p> 01204 380643</p>

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